

# MEDICAL DIRECTORY

paid advertising

## ACUPUNCTURE CHINESE MEDICINE

### COLUMBIA RIVER ACUPUNCTURE

Susan Froehlich, MA, COM, LAC

Licensed Acupuncturist & Chinese Herbalist

Traditional Chinese Medicine is a comprehensive medical system treating:

• Pain – Sports injuries, acute & chronic pain, migraines.

• Spinal cord injuries & stroke sequelae

• Chronic Conditions

• Emotional Disorders

• Allergies

• Digestive Conditions

• Women's health, infertility

• Immune enhancement

• Chinese Herbal Pharmacy & nutritional supplements

• Wheelchair accessible

• Most insurance/workers comp./PIP accepted & billed

### TWO LOCATIONS:

700 E. Port Marina Drive, Hood River

302 E. 2nd St., Mosier

541-386-8767

### CASCADE ACUPUNCTURE CENTER, LLC

Hood River & The Dalles

Offering Acupuncture, Chinese Herbs and Massage

www.CascadeAcupuncture.org

We treat your pain.

• General Acupuncture Practice with a focus on Pain Management

• Effective treatment style, using points below the elbows and knees

• Treatments in Recliner Chairs with massage and heat

• Chinese Herbal Pharmacy, Nutritional Products

• Accept and bill most insurances, Workman's Comp, PIP claims

• Sliding Fee Scale, monthly payment plans, VISA/MC

• Wheelchair accessible locations, free customer parking

Open Monday - Saturday

No physician referral needed

New Patients welcome

104 5th Street

Hood River, OR 97031

(541) 387-4325

1712 E 12 St.

The Dalles, OR 97058

(541) 298-2378

## CARDIOLOGY

### COLUMBIA GORGE HEART CLINIC — HOOD RIVER

541-387-6125

Kathy Grewe, MD FACC

Robert Florek, MD FACC

Hood River:

1108 June Street,

Hood River, OR 97031

White Salmon:

211 NE Skyline Drive,

White Salmon, WA 98672

541-387-6125

## DERMATOLOGY

### HOOD RIVER DERMATOLOGY

LUKE SLOAN, MD

MELISSA ARNDT, PA-C

917 11th Street Hood River

Phone: (541) 386-2517

Accepting new patients

## DENTISTRY

### WHITE SALMON DENTAL CARE

Quality Dentistry in a Comfortable Setting

DR. TIM MIDDAGH, DMD

331 E. Jewett Blvd.

White Salmon, WA 98672

509-493-4546

• General Dentistry for Adults and Children

• Emergency Care and New Patients Welcome

• Diagnostic and Specialist Referral Service

• Professional and Caring Staff

• Tuesday - Friday 7am to 4 pm

## DENTISTRY ORTHODONTICS

### GORGE ORTHODONTICS, LLC

James Bickler, DMD

James E. West, DDS

1625 E. 12th Street The Dalles

541-298-4072

1002 10th Street, Suite 2

Hood River, 541-386-5800

• Specialist in Orthodontics

• Braces for Children and Adults

• Referrals Not Required

• Free consultations

Interest-Free Financing

www.gorgeorthodontics.com

## DENTISTRY PEDIATRIC

### A KIDZ DENTAL ZONE

HAPPY KIDZ, HEALTHY SMILES, FOR A LIFETIME!

Specialist in comprehensive, compassionate care for ALL Children

(Birth to 21 years)

• Nitrous Oxide

• Sedation

• Hospital Care

• Growth & Development

• Braces

New Patients & Referrals Welcome

Hood River News Building

419 State Street, Suite #4

Hood River, OR 97031

Hood River: 541-387-8688

The Dalles: 541-296-7937

www.akidzdentalzone.com

## EAR, NOSE, THROAT ALLERGY

### COLUMBIA GORGE ENT & ALLERGY

Charles R. Ford, MD

Matthew D. Proctor, MD

Board Certified Otolaryngologists

Mark A. Pruitt, NP

Specializing in medical and surgical treatment of adult and pediatric ear, nose, and throat disorders, including:

• On-site allergy testing, immunotherapy and asthma management

• Endoscopic sinus surgery

• Voice disorders

• Chronic ear disease

• Hearing testing

• Tonsillectomy, adenoidectomy

• Ear tubes for chronic ear infections

• Thyroid & parathyroid disease

• Head and neck cancer

1619 Woods Ct. Hood River

541-386-5119

1815 E. 19th Street, Suite 1

The Dalles, 541-298-5563

## FAMILY PRACTICE

### PROVIDENCE MEDICAL GROUP — HOOD RIVER

FAMILY MEDICINE

Ralph Carter, M.D.

Maria Czarnecki, M.D.

Mike Harris, M.D.

Janet Sjoblom, M.D.

1304 Montello Ave

Hood River, OR 97031

541-387-1300

## FAMILY MEDICINE OBSTETRICS

### COLUMBIA GORGE FAMILY MEDICINE

STEVE BECKER, MD

KRISTEN DILLON, MD

TONY GAY, MD

ELIZABETH FOSTER, MD

Board Certified Family Physicians

CLARA DELEON, PA-C

Certified Physicians Assistant

INGRID FLANDERS, FNP-C

Certified Family Nurse Practitioner

MEGAN BARTON, FNP-C

Certified Family Nurse Practitioner

Personalized, family-centered care for pregnancy, childbirth and beyond.

Your choice of provider for prenatal care and delivery. After birth, on-going care for mom, baby and the rest of the family in our office.

1750 12th Street

Hood River, OR 97031

541-386-5070

ACUTE CARE HOURS:

MON-FRI 5-7 PM

SAT 8 AM - 2 PM

## NORTHSHORE MEDICAL GROUP

Open Saturdays

Weeknights until 7 p.m.

212 Skyline Drive

White Salmon, WA 509-493-2133

875 Rock Creek Drive SW

Stevenson, WA 509-427-4212

www.northshore-medical.com

## HEARING TESTING/ HEARING AIDS

### DESIREE AMYX-MACKINTOSH, MA, CCC-A, FAAA

Working with Mendy Maccabee, MD

• Only certified audiologist based in the Gorge

• Hearing evaluations for adults and children

• Hearing aid fitting, repair and follow-up

Providence Medical Group — Hood River

1151 May Street

541-387-6125

www.providence.org/hoodriver

## HOSPICE

### HEART OF HOSPICE

HEART. It's in our name, it's in our care.

• We serve patients of ALL Providers, ALL Hospitals and ALL Facilities in the Gorge area.

• There is never a charge for our services, no charge, no co-pay.

• Licensed by Medicare, Oregon and Washington.

• No charge for a referral consultation. All doctors are required to offer a choice, see why we are the most experienced Hospice in the Gorge.

Hood River: 541-386-1942

The Dalles: 541-296-2289

Toll Free: 888-882-1942

See "What is Hospice/How to Choose a Hospice" On Line at:

www.HeartOfHospice.org

PROVIDENCE HOSPICE OF THE GORGE

Serving residents of the Gorge for more than 30 years.

• A local, multidisciplinary team of experts

• Open access to care, no matter where your physician is employed

• Nursing support available around-the-clock

• Relationships with all community primary and specialty care providers

• Service to all patients regardless of insurance coverage

• Spanish speaking team available

Please call us for more information or to schedule a free consultation

1630 Woods Court

Hood River, OR 97031

541-387-6449

866-680-6449

www.providence.org/hospice

## INTERNAL MEDICINE

### PROVIDENCE MEDICAL GROUP — HOOD RIVER

STEPHEN VOGT, MD

RYAN PETERSEN, MD

JODI READY, MD

GARY REGALBUTO, MD

Certified, American Board of Internal Medicine

Specializing in medical care for adults.

Welcoming new patients

Providence Health Services Building

1151 May Street, Hood River, OR 97031

541-387-6125

or 1-800-955-3911, ext. 76125

## INTERVENTIONAL PAIN MANAGEMENT

### COLUMBIA PAIN MANAGEMENT, P.C.

David P. Russo, DO

Board Certified in PM&R and Pain Management

Adam D. Soll, MD

Board Certified in PM&R

Trey Rigert, MD

Laura Scobie, PA-C

Joe Steiner, MS, MAC

Offering:

• Comprehensive diagnosis and treatment of acute & chronic pain.

• EMG & Nerve conduction testing.

• Ultrasound, X-ray guided, minimally invasive treatment for spine, joint and nerve pain

• Industrial injury evaluations

1010 10th Street

Hood River, OR 97031

541-386-9500

541-386-9540 (fax)

www.columbiapain.org

Office hours:

Monday-Friday

8:00 am to 5:00 pm

## MENTAL HEALTH & DRUG/ALCOHOL COUNSELING

### PROVIDENCE GORGE COUNSELING & TREATMENT CENTER

Elizabeth Chambers, MD

Psychiatrist

Bruce Rutenburg, Ph.D.

Licensed Psychologist

David Henehan, PhD

Licensed Psychologist

Jenny Clark, LCSW

Licensed Clinical Social Worker

Fluent in Spanish

Linda Torres De Guzman, LCSW

Licensed Clinical Social Worker

Bi-lingual and Bi-cultural

Mental Health Provider

Fluent in Spanish

Daniel McCabe, M.D.

Psychiatrist

## PROVIDENCE GORGE COUNSELING & TREATMENT CENTER (CONTINUED)

Deb Lada, CADC II

Certified Alcohol and Drug Counselor

• Confidential and Caring

• Individual, Couples and Family Counseling

• Specialized Services for Children and Adolescents

• Specialized Services for Older Adults and Families

• Outpatient treatment for Chronic Pain

• Evaluation for Drug/Alcohol Programs

• DUI/Deferred Prosecution Services (OR/WA)

• Medication Management

• Covered by Most Insurance Plans

814 13th St.

Hood River, OR 97031

(541) 387-6138 or

(800) 955-3911, ext. 76138

## NATURAL MEDICINE

### KARI ZIMMERMAN, ND

Naturopathic family medicine

www.drkarizimmerman.com

541-386-6335

• Acute and chronic diseases

• Pediatric, women and men's health

• Preventative health care

### DENNIS ZIMMERMAN, DC

Chiropractic family practice since 1978

541-386-6335

• Musculoskeletal rehabilitation

• Oregon workers' compensation injury care

• Motor vehicle accidents

### GEORGE KIRBY, MS, ND

Traditional naturopathic medicine

541-386-4164

• Acute and chronic illness

• Mental and emotional conditions

• Service for the whole family

1312 May Ave.

Hood River, OR 97031

## OBSTETRICS GYNECOLOGY SPECIALISTS

### PROVIDENCE MEDICAL GROUP — HOOD RIVER

WOMEN'S CLINIC

Robin Henson, MD

Certified, American Board of Obstetrics and Gynecology

Fellow, American College of Obstetrics and Gynecology

Elaine Adsit, MD

</